



INSTALLATION INSTRUCTIONS

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51100 REAR ANTI-SWAY BAR 90-96 NISSAN 300zx

Congratulations! You were selective enough to choose a SUSPENSION TECHNIQUES PRODUCT. We have spent many hours developing our line of products so that you will receive maximum performance with minimum difficulty during installation.

- Note:** Confirm that all of the hardware listed in the parts list is in the kit. Do not begin installation if any part is missing. Read the instructions thoroughly before beginning this installation.
- Warning:** Do not work under a vehicle supported by only a jack. Place support stands securely under the vehicle in the manufacturer's specified locations unless otherwise instructed.
- Warning:** Do not drive vehicle until all work has been completed and checked. Torque all hardware to values specified.
- Reminder:** Proper use of safety equipment and eye/face/hand protection is absolutely necessary when using these tools to perform procedures!
- Note:** It is very helpful to have an assistant available during installation.

RECOMMENDED TOOLS:

- Properly rated floor jack, support stands, and wheel chocks
- Combination wrench:
- Ratcheting socket wrench and sockets: 14mm / 6mm Allen head
- Safety Glasses
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Note: It is very helpful to have an assistant available during installation.

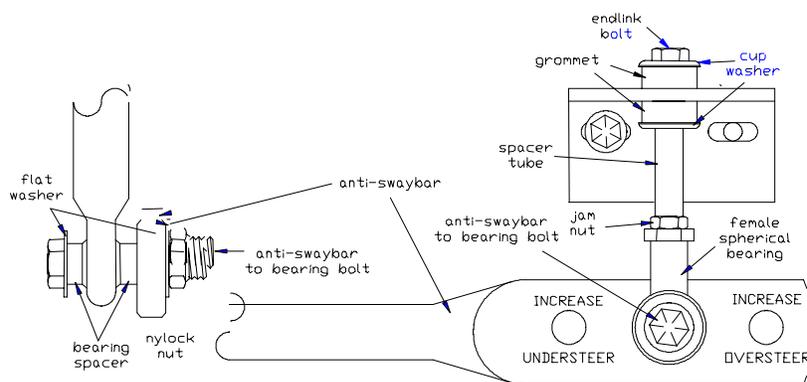
SAFETY REMINDER: PROPER USE OF SAFETY EQUIPMENT AND EYE/FACE/HAND PROTECTION IS ABSOLUTELY NECESSARY WHEN USING THESE TOOLS TO PERFORM PROCEDURES!

KIT INSTALLATION

1. Open the hardware kit and remove all of the contents. Refer to the part list (Page 3) to verify that all parts are present.
2. Park the vehicle on a smooth, level concrete or seasoned asphalt surface and activate the parking brake. Block the FRONT wheels of the vehicle with appropriate wheel chocks; making sure the vehicle's transmission is in 1st gear (manual) or "Park" (automatic).
3. Using a properly rated floor jack, lift the rear wheels of the vehicle off the ground. Place support stands, rated for the vehicle's weight, and in the factory specified locations. Refer to

the vehicle Owner's Manual. Prior to lowering the vehicle onto the stands, make sure the supports will securely contact the chassis.

4. It is very important that the vehicle is properly supported during this installation to prevent personal injury and chassis damage! Make sure that the supports stands are properly placed prior to performing the following procedures. We DO NOT recommend using wheel ramps while performing this installation.
5. Slowly lower the vehicle onto the stands and, before placing the vehicle's entire weight on them, again check that they properly and securely contact the chassis as described above. Check for possible interference with any lines, wires, cables, or other easily damaged components.
6. Disconnect the exhaust system at the tail pipes. Remove the end links from the ends of the original equipment anti-swaybar. Remove the bushing brackets as well. Note the position of the anti-swaybar in the vehicle to ease in the installation of your new Suspension Techniques anti-swaybar. Remove the original equipment anti-swaybar from the vehicle.
7. Thoroughly lubricate the **inside** of your new hyper thane bushings using a high-grade lithium or silicone-based grease with molybdenum disulfide (moly). Place the bushings onto the new anti-swaybar. Refer to the original equipment anti-swaybar as to the proper bushing location.
8. Position your new Suspension Techniques anti-swaybar on the vehicle in the original equipment location and secure it with the new bushing brackets and original equipment bolts. Tighten the bolt to approximately 18 ft/lbs of torque.
9. Assemble the end links to the lower control arm as shown in the diagram. Tighten the assembly until the grommets begin to bulge, but do not crush them. Tighten the jam nuts against the spherical bearings. Fasten the end link to the center hole on the outside of your new anti-swaybar as shown in the diagram. Tighten the nuts to 18 ft/lbs of torque.



10. All hardware being fastened to the vehicle's original fastening points should be torqued to the proper specifications. To prevent chassis damage, never over-torque the hardware.
11. Attach the stock end links to the new anti-sway bar, tighten end link to 20ft. lbs.

12. Check that all components and fasteners have been properly installed, tightened and torqued.
13. Check brake hoses, and other components for any possible interference.
14. Lift vehicle and remove support stands. Carefully lower vehicle to ground.
15. Immediately test-drive the vehicle in a remote location so that you can become accustomed to the revised driving characteristics and handling. Be aware that the vehicle will handle substantially different now that it has been modified.
16. Installation is complete. Check all of the hardware and re-torque at intervals for the first 10, 100, 1000 miles.
17. We highly recommend installing the appropriate matching Suspension Techniques front Anti-sway Bar to maintain proper handling characteristics and performance. See the current Suspension Techniques Application Guide or contact you nearest Suspension Techniques Dealer for the appropriate part number for your application.

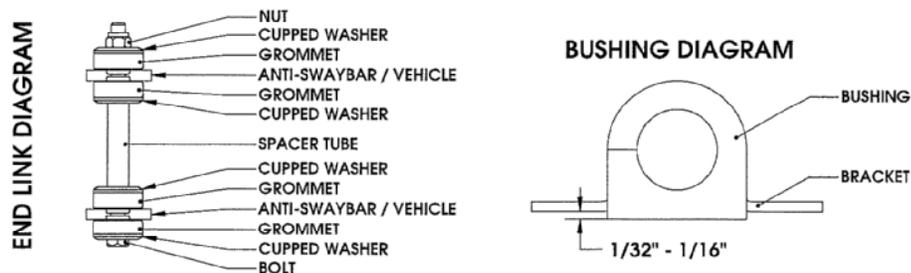
PART LIST FOR ANTI-SWAY BAR KIT

Part Number	Quantity	Description
51100-300	1	Front ASB
113200	2	Pivot Bushing
113000	4	End Link Grommet
114020	2	Pivot Bushing Bracket
110255	2	3/8"-16 Ny Lock Nut
112242	2	3/8"-25 Spherical Bearing Jam Nut
112156	2	3/8"-24 x 3-1/2" HHCS
112102	2	3/8"-24 x 2" HHCS
110625	4	3/8" SAE Washer
112502	4	Cupped Washers
112316	2	Female Spherical Bearing Jam Nut
112400	2	1" x 3/8" Spacer Tube
112412	4	3/16" Bearing Spacer
55000-10	1	Grease Pack

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- **Lubrication**

Pre-lubricating the inside of the bushing before it's installed is important because the lubrication will greatly reduce noise and it will increase bushing life. Suspension Techniques recommends you use Molybdenum disulfide. This will help protect the inside surface of the bushing and will last longer than most types of grease. Thoroughly lubricate the inside of the bushing with this grease.



- **Bushing Installation**

Make sure an amount of 1/32" to 1/16" of the bushing is showing when you install it onto the bracket. See the diagram above. If the bushing is showing more than 1/16" than use a sander or a sheet of coarse grit sand paper to shave it down to the proper height. In most applications when installing the new bushings on your Suspension Techniques anti-sway bar you may refer to your original equipment anti-sway bar to locate the proper location.

- **End Link Installation**

It is not required that you use lubricant on the end links since there is not any rotational movement. The Suspension Techniques end links are comprise of grommets, cupped washers, a spacer tube, bolt, and lock nut, these assembled components create the end link. See end link diagram.